



Press Release

For Immediate Release

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Historic Half Offers Free Race Day Shuttles for Runners, Spectators

Road Closings, Recommended Parking Locations Announced for May 16 Event

QUANTICO, VA (MAY 11, 2010) – More than 7,000 runners and thousands more spectators will participate in both the Marine Corps Historic Half and Semper Fred 5K running events in Fredericksburg, VA, on Sunday, May 16.

Free shuttle service is available for all runners and spectators to and from the Historic Half and Semper Fred 5K start areas. On Sunday, May 16, free shuttle service for runners and spectators will be available to and from the Central Park Wal-Mart via the US 17 commuter lot, which is located on US 17 North, toward Warrenton, VA. The commuter lot is just off I-95 at Exit 133. The shuttles will operate from 5 a.m. to 1 p.m. throughout race day.

Parking restrictions will be enforced near the start and finish lines on race day. All commuters not taking shuttles should park in Central Park on the east side of Carl D. Silver Parkway. Starting at 5:30 a.m., traffic control will be enforced at the intersection of Carl D. Silver and Fall Hill.

Spectators will especially want to take advantage of an additional race-day shuttle to watch their runners pass through historic downtown Fredericksburg. From 6:45 a.m. to 10:15 a.m., shuttles will transport spectators from the Central Park Wal-Mart to the intersection of George and Prince Edward Streets, which is on mile seven of the 13.1 mile Historic Half course.

Race-day road closings will begin as early as 5:30 a.m. on Sunday, May 16. All roads will reopen as soon as the last runners make it through each area of the Historic Half course.

- 5:30 a.m. to 11:00 a.m. – All of Carl D Silver Parkway, from Fall Hill Avenue to Expo & Conference Center.
- 5:30 a.m. to 11:00 a.m. -- Gordon W. Shelton Parkway from Carl D. Silver Parkway to Celebrate Virginia.
- 5:30 a.m. to 11:00 a.m. -- Traffic control point at Fall Hill Avenue and Carl D. Silver Parkway.
- 6:50 a.m. to 8:00 a.m. -- Cowan Boulevard (eastbound) from Carl D. Silver Parkway to Keeneland Road.
- 7:00 a.m. to 8:30 a.m. -- Carl D Silver Parkway southbound from Fall Hill Avenue to Cowan Boulevard.
- 7:00 a.m. to 8:05 a.m. -- Woodland, Keeneland and Westwood Roads from Cowan Boulevard to Route 3.
- 7:00 a.m. to 11:00 a.m. -- Carl D. Silver Parkway northbound from Cowan Boulevard to Fall Hill Avenue.
- 7:05 a.m. to 8:10 a.m. -- Route 3 (westbound lanes) from Westwood Road to William Street.
- 7:10 a.m. to 8:55 a.m. -- William Street (westbound) from Blue/Gray Parkway to Sunken Road.
- 7:10 a.m. to 8:35 a.m. -- Sunken Road northbound from William Street to Fitzhugh Street.
- 7:15 a.m. to 8:35 a.m. -- Fitzhugh Street between Sunken Road and Franklin Street.
- 7:15 a.m. to 8:35 a.m. -- Franklin Street between Fitzhugh and Madison Street.
- 7:15 a.m. to 8:35 a.m. -- Madison Street between Franklin Street and Littlepage Street.
- 7:15 a.m. to 8:40 a.m. -- Littlepage Street between Madison and Grove Avenue.
- 7:15 a.m. to 8:40 a.m. -- Grove between Littlepage and Kenmore Avenue.
- 7:20 a.m. to 8:50 a.m. -- Kenmore Avenue between Grove and William Street.
- 7:20 a.m. to 9:00 a.m. -- William Street (westbound) between Kenmore Avenue and Washington Avenue.
- 7:20 a.m. to 9:05 a.m. -- Washington Avenue between William Street and Pelham Street.

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Road Closings
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- 7:20 a.m. to 9:10 a.m. -- Maury Street from Washington Avenue to Fall Hill Avenue.
- 7:20 a.m. to 9:10 a.m. -- Stuart Street from Washington Avenue to Fall Hill Avenue.
- 7:20 a.m. to 9:10 a.m. -- Pelham Street from Washington Avenue to Fall Hill Avenue.
- 7:25 a.m. to 9:10 a.m. -- Fall Hill Avenue/Canal Street from Maury Street to Princess Anne Street.
- 7:25 a.m. to 9:20 a.m. -- Prince Edward Street from Canal Road to William Street.
- 7:25 a.m. to 9:20 a.m. -- William Street between Prince Edward Street to Princess Anne Street.
- 7:25 a.m. to 9:20 a.m. -- Princess Anne Street between William Street and Charlotte Street.
- 7:25 a.m. to 9:20 a.m. -- Charlotte Street between Princess Anne and Caroline Street.
- 7:30 a.m. to 9:50 a.m. -- Caroline Street between Charlotte and Van Buren Street.
- 7:35 a.m. to 9:50 a.m. -- Amelia Street between Caroline Street and Sophia Street.
- 7:35 a.m. to 9:55 a.m. -- Sophia Street between Amelia Street and Pitt Street.
- 7:35 a.m. to 9:55 a.m. -- Riverside Drive from Woodford Street to Fall Hill Avenue.
- 7:35 a.m. to 10:00 a.m. -- Fall Hill Avenue from Riverside Drive to US Route 1.
- 7:40 a.m. to 10:15 a.m. -- US Route 1 (southbound) from Fall Hill Avenue to Mary Washington Boulevard.
- 7:40 a.m. to 10:20 a.m. -- Mary Washington Boulevard from Route 1 to Hospital Drive.
- 7:45 a.m. to 10:30 a.m. -- Hospital Drive from Mary Washington Boulevard to Cowan Boulevard
- 7:45 a.m. to 10:50 a.m. -- Cowan Boulevard (westbound) from Hospital Drive to Carl D. Silver Parkway.

On Saturday, May 15, the City of Fredericksburg also will operate free shuttle service for all attendees of the Healthy Lifestyle Expo, a two-day health and fitness experience where all runners are required to pick up their race-day packets. The Healthy Fitness Expo is open free to the public from 10 a.m. to 7 p.m. The free shuttle service by Fredericksburg Limousine will continuously transport Expo attendees to and from historic downtown restaurants, museums and shops from 11 a.m. to 8:30 p.m. The shuttle will drop off at three downtown locations: the Williams Street side of Hurkamp Park; the 700 block of Caroline Street directly across from the Fredericksburg Visitors Center; and at 925 Caroline Street in front of the River Run Antique Mall.

The Marine Corps Historic Half marathon will be held on May 16, 2010 in Fredericksburg, VA. The Historic Half is coordinated by organizers of the Marine Corps Marathon. The Marine Corps Historic Half is sponsored by Marine Federal Credit Union, Geico, the Free Lance Star and New Balance. No federal or Marine Corps endorsement implied. For media information, contact Tami Faram, Marine Corps Marathon Public Relations Coordinator at (703) 432-1840 or tami.faram@usmc.mil.

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