



Press Release

For Immediate Release

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Kristin Herring Successfully Defends Marine Corps Historic Half Title *Arlington's Steve Hammel Tops 5,419 Finishers in May 16 Event*

QUANTICO, VA (May 17, 2010) – Kristin Herring, the lead female finisher in the 2009 Marine Corps Historic Half marathon wore Bib #1 as she ran past fellow female runners finishing at 1:26:26. Herring, an Elizabeth City, NC resident, was among 5,433 finishers in the May 16 event in Fredericksburg, VA.

“I really enjoy the race and the scenery and there was a lot of community support,” Herring said post-race. “I ran my best Historic Half time today and I expect to be back again next year.”

Finishing first overall was Arlington, Virginia's Steve Hammel. The 29-year-old Hammel completed his first Historic Half finishing in 1:14:40. Runners from 47 states joined Hammel and Herring in the Historic Half and Semper Fred 5K races that are held to showcase the beauty and heritage of the city and the traditions of the United States Marine Corps. The Semper Fred 5K included 665 participants with additional children 9 years and younger participating with parents, siblings and friends.

Omari Daughtridge of Fort Washington, MD, ran the Semper Fred 5K in an impressive time of 15:59, while Fredericksburg's-own Debra Durocher finished first among female runners at 21:24. Durocher's sons Thomas, age 11 and Luke, 9, who are students at Fredericksburg's Chancellor Elementary School, also ran the Semper Fred, joining mom at the finish.

“I'm really proud of them,” Durocher said, “We made it a family affair.”

The City of Fredericksburg is today boasting about its runners, with city residents topping the male and female masters categories in both running events. Matt Boyd, 40, finished the Historic Half at 1:19:54, while Susan Jensen, 45, finished at 1:34:48. Scott Mersiowski, 44, finished the Semper Fred with a time of 17:49 and Crista Fore, 40, led the female masters finishing in 23:16.

The top military runners to cross the mats in the Historic Half are currently stationed on Marine Corps Base Quantico. Marine Cpl. Craig Clark ran the Historic Half in 1:20:27, while Navy Lt. Cmdr. Fiona Halbritter finished the race in 1:36:50.

The Age Group Award Winners for the Marine Corps Historic Half marathon are:

10-14

| | | | | |
|--------|----------------|----|------------------|---------|
| Men: | Alex Galatro | 14 | Stafford, VA | 1:31:44 |
| Women: | Claudia Zittle | 12 | Falls Church, VA | 1:52:24 |

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|---------|-------------------|----|----------------------|---------|
| 15-19 | | | | |
| Men: | Mark Turner | 17 | Fredericksburg, VA | 1:19:48 |
| Women: | Diana Budreika | 19 | Haymarket, VA | 1:35:36 |
| 20-24 | | | | |
| Men: | Greg Grosicki | 21 | Fairfax, VA | 1:16:57 |
| Female: | Ashley Graybill | 22 | Wilmington, NC | 1:35:22 |
| 25-29 | | | | |
| Men: | Steve Hammel | 27 | Arlington, VA | 1:14:40 |
| Women: | Megan Winstead | 29 | Kill Devil Hills, NC | 1:32:08 |
| 30-34 | | | | |
| Men: | Christopher Pirch | 30 | Fredericksburg, VA | 1:22:29 |
| Women: | Kristin Herring | 31 | Elizabeth City, NC | 1:26:26 |
| 35-39 | | | | |
| Men: | Jeffrey Schudder | 38 | Alexandria, VA | 1:24:49 |
| Women: | Gwen Demand | 35 | Toms River, NJ | 1:36:13 |
| 40-44 | | | | |
| Men: | Matt Boyd | 40 | Fredericksburg, VA | 1:19:54 |
| Women: | Julie Haase | 41 | Durham, NC | 1:37:38 |
| 45-49 | | | | |
| Men: | Richard Kuhl | 47 | Fairfax Station, VA | 1:21:15 |
| Women: | Susan Jensen | 45 | Fredericksburg, VA | 1:34:48 |
| 50-54 | | | | |
| Men: | Jack Morrison | 50 | Fredericksburg, VA | 1:26:36 |
| Women: | Deedee Loughran | 51 | Oak Hill, VA | 1:29:48 |
| 55-59 | | | | |
| Men: | Richard Cummings | 55 | Fairfax, VA | 1:31:51 |
| Women: | Patricia Gilley | 57 | King William, VA | 1:53:27 |
| 60+ | | | | |
| Men: | Robert Goodall | 60 | Stafford, VA | 1:37:52 |
| Women: | Soon Kim | 66 | Fairfax Station, VA | 2:08:37 |

Conveniently located on I-95 between Washington, D.C. and Richmond, the Marine Corps Historic Half marathon boasts scenic riverside views, a charming Old Town and colonial and Civil War landmarks. The Historic Half is coordinated by organizers of the Marine Corps Marathon. The Marine Corps Historic Half is sponsored by Geico, Marine Federal Credit Union and New Balance. No federal or Marine Corps endorsement implied.